

Erasmus+ project „Active and responsible citizenship“ Volunteering and charity in 144 Secondary School „Narodni Buditeli“

There is much to be said about volunteering and diversity. The modern world we live in is very dynamic and full of different challenges, and when there are challenges, the only chance we can go on is to work together and help each other.

A project entitled “Active and Responsible Citizenship”, as a part of the Erasmus+ programme, is concerned precisely with looking for and awakening in each of us the activity in its greatest diversity. The best thing is when it happens at school. Our school 144 SU “Narodni Buditeli” in Sofia contributes to all these with its initiatives



and participations in numerous international projects.

What happened in 2018 u 2019?

Students and teachers from 144 Secondary School „Narodni Buditeli“ were invited to take part in the ceremony for the decoration of the Christmas tree on the occasion of the “Bulgarian Christmas” campaign under the initiative of the President and the Vice-President of the Republic of Bulgaria, having the opportunity

to meet and talk with them. Our students had a short performance, presenting Bulgarian traditions and their school. They also participated in other interesting workshops and activities which were a part of this event.



The students and teachers from our school also organized a Christmas concert and a charity bazaar where the gifted children from our school demonstrated their talents in the field of dances, singing and arts.

Under the Motto “Let’s be good” the school’s artists drew a flying bird thus stimulating us to be empathetic and telling us that when we help in noble causes, we really





make the world around us a better place to live in. Our students made a lot of postcards, pictures, icons, decorations and other items for the Christmas charity bazaar. The name of the event was “Charity has a face”.

But this was not the end of our activities at school.

The students from 144 Secondary School visited a Home for elderly people at Christmas, presenting their talents and rejoicing everyone with their arts. Handmade cards and other gifts were given to the elderly people but that is not the most important thing. What matters is the warm feeling that these people were not forgotten and their joy will remain in their hearts forever.



After Christmas our students did not stop their activities related to different good causes. One of them was the voluntary green initiative called “Inspire the city”, organized by a large telecommunication company. At this event, our students presented their pictures which were exhibited in the nearby park and raised money for the purchase of trees and shrubs to enrich the green areas in Mladost district where the school is located. A concert was also organized to complete this initiative.

